



TSMA YONKERS - CLASS SCHEDULE

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TSM MAYONKERS , DANNYBOY117

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 AM	4:30 PM	6:30 AM	4:15 PM	4:15 PM	9:45 AM
BEGINNER KICKBOXING ADULTS	INTERMEDIATE TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	CUBS
4:00 PM	5:15 PM	9:30 AM	5:00 PM	5:00 PM	10:30 AM
BEGINNER TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER KICKBOXING ADULTS
4:45 PM	6:00 PM	3:00 PM	5:45 PM	5:45 PM	11:45 AM
JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	CUBS	INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS
5:30 PM	6:45 PM	4:00 PM	6:30 PM	6:30 PM	12:30 PM
INTERMEDIATE TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	ADVANCED TIGERS	JIU-JITSU LITTLE TIGERS
6:15 PM	7:45 PM	4:45 PM	7:15 PM	7:15 PM	1:15 PM
ADVANCED TIGERS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE TIGERS	ADVANCED TIGERS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE TIGERS
7:00 PM	8:45 PM	5:30 PM	8:00 PM	8:15 PM	2:00 PM
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	JIU-JITSU TIGERS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	JIU-JITSU TIGERS
8:00 PM		6:15 PM	9:00 PM		2:45 PM
JIU-JITSU ADULTS		BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS		BEGINNER TIGERS
9:00 PM		7:00 PM			
INTERMEDIATE KICKBOXING ADULTS		INTERMEDIATE KICKBOXING ADULTS			
		8:00 PM			
		JIU-JITSU ADULTS			
		9:00 PM			

		ADVANCED KICKBOXING ADULT			
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