



## T SMA SMITHTOWN - CLASS SCHEDULE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:15 PM	4:30 PM	3:15 PM	4:30 PM	4:30 PM	9:00 AM	9:30 AM
BEGINNER LITTLE TIGERS	INT/ADV TIGERS	CUBS	INTERMEDIATE ALL TIGERS	BEGINNER LITTLE TIGERS	ADVANCED KICKBOXING ADULT	CUBS
5:00 PM	5:15 PM	4:15 PM	5:15 PM	5:15 PM	10:00 AM	10:30 AM
JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	INT/ADV TIGERS	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS
6:00 PM	6:00 PM	5:15 PM	6:00 PM	6:00 PM	11:00 AM	
JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE KICKBOXING ADULTS	
6:45 PM	6:45 PM	6:30 PM	6:45 PM	6:45 PM	12:15 PM	
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	BEGINNER TIGERS	BEGINNER ALL TIGERS	
7:45 PM	7:45 PM	7:45 PM	7:45 PM	7:45 PM	1:15 PM	
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU TIGERS	
9:00 PM	9:00 PM	9:00 PM	9:00 PM		2:00 PM	
ADVANCED KICKBOXING ADULT	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS		INTERMEDIATE TIGERS	