



T SMA RED BANK - CLASS SCHEDULE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 AM	4:30 PM	4:15 PM	4:30 PM	9:30 AM	8:00 AM	10:00 AM
BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	CUBS
4:15 PM	5:30 PM	5:15 PM	5:15 PM	4:15 PM	9:00 AM	
BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	
5:15 PM	6:30 PM	6:00 PM	6:15 PM	5:00 PM	9:00 AM	
JIU-JITSU LITTLE TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE ALL TIGERS	BEGINNER ALL TIGERS	JIU-JITSU ALL TIGERS	INTERMEDIATE KICKBOXING ADULTS	
6:00 PM	7:30 PM	6:45 PM	7:15 PM	6:00 PM	9:45 AM	
INTERMEDIATE TIGERS	BEGINNER KICKBOXING ADULTS	ADVANCED TIGERS	JIU-JITSU ADULTS	BEGINNER TIGERS	CUBS	
6:45 PM	8:30 PM	7:30 PM	8:15 PM	7:00 PM	10:15 AM	
JIU-JITSU TIGERS	INT/ADV KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER ALL TIGERS	
7:30 PM		8:30 PM			11:15 AM	
BEGINNER KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS			JIU-JITSU TIGERS	
7:30 PM					12:15 PM	
INTERMEDIATE KICKBOXING ADULTS					INTERMEDIATE TIGERS	
8:30 PM					1:00 PM	
JIU-JITSU ADULTS					ADVANCED TIGERS	