



## T SMA NEW DORP - CLASS SCHEDULE

363 New Dorp Lane \* Staten Island NY, 10306

Phone: +1 718-682-1958 \* Text: 631-485-2078

Email: statenisland@tsk.com

<http://statenislandnymma.com>

FB: @Tiger Schulmann's Martial Arts New Dorp IG: @NEWDORPTSMA

Effective Date: April 3rd, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:15 PM	9:00 AM	4:15 PM	9:00 AM	4:15 PM	9:00 AM	9:00 AM
BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	CUBS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	CUBS	BEGINNER KICKBOXING ADULTS
5:00 PM	3:45 PM	4:15 PM	4:00 PM	5:00 PM	9:00 AM	
INTERMEDIATE ALL TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	ADVANCED TIGERS	JIU-JITSU ALL TIGERS	JIU-JITSU ADULTS	
5:45 PM	5:00 PM	5:00 PM	5:00 PM	5:45 PM	10:00 AM	
JIU-JITSU ALL TIGERS	INTERMEDIATE ALL TIGERS	BEGINNER ALL TIGERS	INTERMEDIATE ALL TIGERS	INTERMEDIATE ALL TIGERS	INT/ADV KICKBOXING ADULTS	
6:30 PM	5:45 PM	5:45 PM	5:45 PM	6:30 PM	11:00 AM	
BEGINNER TIGERS	JIU-JITSU ALL TIGERS	JIU-JITSU ALL TIGERS	JIU-JITSU ALL TIGERS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	
7:15 PM	6:30 PM	6:30 PM	6:30 PM	7:15 PM	12:15 PM	
BEGINNER KICKBOXING ADULTS	BEGINNER ALL TIGERS	BEGINNER TIGERS	BEGINNER ALL TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER ALL TIGERS	
8:15 PM	7:15 PM	7:15 PM	7:15 PM	8:15 PM	1:00 PM	
INT/ADV KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	INT/ADV KICKBOXING ADULTS	JIU-JITSU ALL TIGERS	
	8:15 PM	8:15 PM	8:15 PM		1:45 PM	
	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	INT/ADV KICKBOXING ADULTS		INTERMEDIATE ALL TIGERS	
					2:30 PM	
					ADVANCED TIGERS	