



## T SMA MIDDLE VILLAGE - CLASS SCHEDULE

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Effective Date: March 12th, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:30 PM	5:00 PM	4:30 PM	5:00 PM	4:30 PM	9:00 AM	9:00 AM
INTERMEDIATE TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	CUBS
5:15 PM	5:45 PM	5:15 PM	5:45 PM	5:15 PM	10:00 AM	10:00 AM
JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	INTERMEDIATE KICKBOXING ADULTS	COMPETITION JIU-JITSU
6:00 PM	6:30 PM	6:00 PM	6:45 PM	6:00 PM	11:15 AM	11:00 AM
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	COMPETITION KICKBOXING
7:00 PM	7:30 PM	7:00 PM	8:00 PM	7:00 PM	12:00 PM	
BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER TIGERS	
8:00 PM	8:30 PM	8:00 PM			1:00 PM	
JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULT	INTERMEDIATE KICKBOXING ADULTS			JIU-JITSU TIGERS	
					1:45 PM	
					INTERMEDIATE TIGERS	
					2:30 PM	
					ADVANCED TIGERS	
					3:15 PM	
					CUBS	