



TSMA HOBOKEN - CLASS SCHEDULE

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Effective Date: March 25th, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00 PM	3:45 PM	4:00 PM	1:00 PM	4:00 PM	9:00 AM
BEGINNER KICKBOXING ADULTS	CUBS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	CUBS	CUBS
4:00 PM	4:45 PM	4:45 PM	4:15 PM	4:45 PM	9:45 AM
BEGINNER LITTLE TIGERS	INTERMEDIATE LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	CUBS
4:45 PM	5:30 PM	5:30 PM	5:00 PM	5:30 PM	10:30 AM
BEGINNER TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE KICKBOXING ADULTS
5:30 PM	6:15 PM	6:15 PM	5:45 PM	6:15 PM	11:30 AM
JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	INTERMEDIATE LITTLE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS
6:15 PM	7:15 PM	7:15 PM	6:30 PM	6:15 PM	12:15 PM
INT/ADV TIGERS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	BEGINNER ALL TIGERS
7:00 PM	8:15 PM	8:15 PM	7:15 PM	7:15 PM	1:00 PM
JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	ADVANCED TIGERS	BEGINNER KICKBOXING ADULTS	JIU-JITSU LITTLE TIGERS
8:00 PM			8:00 PM	7:15 PM	1:45 PM
INT/ADV KICKBOXING ADULTS			INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	INTERMEDIATE ALL TIGERS
9:00 PM			9:00 PM	8:15 PM	2:30 PM
BEGINNER KICKBOXING ADULTS			BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	JIU-JITSU TIGERS
					3:15 PM
					ADVANCED TIGERS