



## T SMA GLENDALE - CLASS SCHEDULE

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Effective Date: April 2nd, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM	2:45 PM	10:00 AM	4:15 PM	10:00 AM	9:00 AM	9:00 AM
BEGINNER KICKBOXING ADULTS	CUBS	BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS
4:00 PM	4:15 PM	4:00 PM	5:00 PM	4:00 PM	10:00 AM	10:00 AM
BEGINNER LITTLE TIGERS	JIU-JITSU ALL TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU ALL TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS
4:45 PM	5:00 PM	4:45 PM	5:45 PM	4:45 PM	11:15 AM	11:15 AM
JIU-JITSU ALL TIGERS	INTERMEDIATE ALL TIGERS	INTERMEDIATE ALL TIGERS	INTERMEDIATE ALL TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER LITTLE TIGERS	CUBS
5:30 PM	5:45 PM	5:30 PM	6:30 PM	5:30 PM	12:00 PM	12:00 PM
INTERMEDIATE ALL TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU ALL TIGERS	BEGINNER LITTLE TIGERS	ADVANCED TIGERS	JIU-JITSU ALL TIGERS	BEGINNER LITTLE TIGERS
6:15 PM	6:30 PM	6:15 PM	7:15 PM	6:30 PM	12:45 PM	12:45 PM
BEGINNER TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	ADVANCED KICKBOXING ADULT	BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	BEGINNER TIGERS
7:00 PM	7:15 PM	7:00 PM	8:15 PM	7:30 PM	1:30 PM	1:30 PM
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTER & ADV JIU-JITSU ADULTS	BEGINNER TIGERS	INTERMEDIATE ALL TIGERS	JIU-JITSU ALL TIGERS
8:00 PM	8:15 PM	8:00 PM	9:15 PM		2:30 PM	
ADVANCED KICKBOXING ADULT	BEGINNER JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS		CUBS	
9:00 PM	9:15 PM					
INTER & ADV JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS					