



TSMA GARDEN CITY - CLASS SCHEDULE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00 PM	4:00 PM	4:15 PM	4:00 PM	4:00 PM	8:00 AM
BEGINNER LITTLE TIGERS	CUBS	JIU-JITSU LITTLE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS
4:45 PM	5:00 PM	5:00 PM	4:45 PM	4:45 PM	9:00 AM
INTERMEDIATE TIGERS	ADVANCED TIGERS	INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU LITTLE TIGERS	ADVANCED KICKBOXING ADULT
5:30 PM	5:45 PM	5:45 PM	5:30 PM	5:30 PM	10:00 AM
JIU-JITSU TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS
6:15 PM	6:30 PM	6:30 PM	6:15 PM	6:15 PM	10:45 AM
BEGINNER TIGERS	BEGINNER TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	ADVANCED TIGERS	JIU-JITSU TIGERS
7:15 PM	7:30 PM	7:30 PM	7:00 PM	7:00 PM	11:30 AM
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE TIGERS
8:15 PM	8:30 PM	8:30 PM	8:30 PM		12:30 PM
INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULT	BEGINNER JIU-JITSU ADULTS		CUBS
8:15 PM			8:30 PM		
JIU-JITSU ADULTS			BEGINNER KICKBOXING ADULTS		