



## T SMA BAYSIDE - CLASS SCHEDULE

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Effective Date: April 2nd, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	8:00 AM	8:30 AM
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS
10:00 AM	4:00 PM	10:00 AM	4:00 PM	4:00 PM	9:00 AM	9:30 AM
JIU-JITSU ADULTS	BEGINNER TIGERS	JIU-JITSU ADULTS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	JIU-JITSU ADULTS	CUBS
4:00 PM	4:45 PM	4:00 PM	4:45 PM	4:45 PM	10:00 AM	10:30 AM
BEGINNER LITTLE TIGERS	INTERMEDIATE LITTLE TIGERS	INTERMEDIATE LITTLE TIGERS	BEGINNER TIGERS	JIU-JITSU TIGERS	INTERMEDIATE KICKBOXING ADULTS	COMPETITION JIU-JITSU
4:45 PM	5:30 PM	4:45 PM	5:30 PM	5:30 PM	11:00 AM	11:15 AM
INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	COMPETITION KICKBOXING
5:30 PM	6:15 PM	5:30 PM	6:15 PM	6:15 PM	11:45 AM	
JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU LITTLE TIGERS	
6:15 PM	7:00 PM	6:15 PM	7:00 PM	7:00 PM	12:30 PM	
BEGINNER TIGERS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU TIGERS	ADVANCED KICKBOXING ADULT	INTERMEDIATE LITTLE TIGERS	INTERMEDIATE LITTLE TIGERS	
7:00 PM	8:00 PM	7:00 PM	8:00 PM	7:45 PM	1:15 PM	
BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	INT/ADV TIGERS	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER TIGERS	
8:00 PM	9:00 PM	7:45 PM	9:00 PM		2:00 PM	
JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS		JIU-JITSU TIGERS	
9:00 PM		8:45 PM			2:45 PM	
ADVANCED KICKBOXING ADULT		INTERMEDIATE KICKBOXING ADULTS			INT/ADV TIGERS	