



## TAMPA - CLASS SCHEDULE

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Effective: February 1, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00p	5:00p	5:00p	5:00p	5:00p	10:00a
BEGINNER TIGERS	BEGINNER TIGERS	JIU-JITSU TIGERS	INTERMEDIATE TIGERS	JIU-JITSU TIGERS	JIU-JITSU ADULTS
6:00p	5:45p	5:45p	6:00p	6:00p	11:00a
JIU-JITSU TIGERS	JIU-JITSU TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	ADVANCED TIGERS	INTERMEDIATE KICKBOXING ADULTS
7:00p	7:00p	7:00p	7:00p	7:00p	12:00p
INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE TIGERS
8:00p	8:00p	8:00p	8:00p		12:45p
JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	JIU-JITSU ADULTS		JIU-JITSU TIGERS