



STAMFORD CLASS SCHEDULE

2770 SUMMER STREET 2nd FLR

STAMFORD@TSK.COM

FACEBOOK: Tiger Schulmann's MMA Stamford

www.tskstamford.com

PHONE: 203-602-8821

TEXT: 203-674-9092

Effective: February 22, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00p		4:00p	3:30p	4:00p	9:00a
BEGINNER LITTLE TIGERS		BEGINNER TIGERS	KARATE CUBS	INTERMEDIATE TIGERS	KARATE CUBS
5:00p	4:45p	5:00p	4:30p	4:45p	10:00a
JIU-JITSU LITTLE TIGERS	INTERMEDIATE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE KICKBOXING ADULTS
5:45p	5:30p	5:45p	5:15p	5:45p	11:15a
INTERMEDIATE TIGERS	JIU-JITSU TIGERS	ADVANCED TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS
6:30p	6:30p	7:00p	6:15p	6:45p	12:15p
JIU-JITSU TIGERS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ALL TIGERS
7:15p	7:30p	8:15p	7:15p	8:00p	1:00p
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE TIGERS
8:15p	8:30p	9:15p	8:15p	9:00p	1:45p
JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULTS	JIU-JITSU ADULTS	KICKBOXING ADULTS	JIU-JITSU ADULTS	BEGINNER TIGERS
9:15p			9:15p		2:30p
ADVANCED KICKBOXING ADULTS					ADVANCED TIGERS
					3:30p
					BIRTHDAY PARTY