



NEW WINDSOR - CLASS SCHEDULE

317 WINDSOR HIGHWAY * 845-787-4525

newwindsor@tsk.com

Facebook- [tigerschulmannsnewwindsor](https://www.facebook.com/tigerschulmannsnewwindsor) / Instagram - [tsma_newwindsor](https://www.instagram.com/tsma_newwindsor)

newwindsormma.com

SCHOOL TEXT LINE : 585-653-8784 (text only)

Effective: September 6th, 2017

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------------------------|--------------------------------|--------------------------------|----------------------------|--------------------------------|--------------------------------|--------------------------------|
| | | 3:30p | | | 9:00a | 9:30a |
| | | KARATE CUBS | | | KARATE CUBS | BEGINNER KICKBOXING ADULTS |
| 4:30p | 4:30p | 4:30p | 4:30p | 4:30p | 10:00a | 10:45a |
| BEGINNER LITTLE TIGERS | INTERMEDIATE TIGERS | BEGINNER TIGERS | JIU-JITSU LITTLE TIGERS | BEGINNER TIGERS | INTERMEDIATE KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS |
| 5:15p | 5:30p | 5:30p | 5:15p | 5:30p | 11:15a | 11:45a |
| JIU-JITSU LITTLE TIGERS | JIU-JITSU TIGERS | JIU-JITSU TIGERS | BEGINNER LITTLE TIGERS | JIU-JITSU TIGERS | BEGINNER KICKBOXING ADULTS | JIU-JITSU ADULTS |
| 6:00p | 6:15p | 6:15p | 6:00p | 6:15p | 12:30p | 12:45p |
| INTERMEDIATE TIGERS | BEGINNER TIGERS | INTERMEDIATE TIGERS | ADVANCED TIGERS | INTERMEDIATE TIGERS | BEGINNER ALL TIGERS | ADVANCED KICKBOXING ADULTS |
| 6:45p | 7:00p | 7:00p | 6:45p | 7:00p | 1:15p | |
| JIU-JITSU TIGERS | ADVANCED TIGERS | BEGINNER KICKBOXING ADULTS | JIU-JITSU ADULTS | INTERMEDIATE KICKBOXING ADULTS | JIU-JITSU ALL TIGERS | |
| 7:30p | 7:45p | 8:00p | 7:45p | 8:00p | 2:00p | |
| BEGINNER KICKBOXING ADULTS | JIU-JITSU ADULTS | INTERMEDIATE KICKBOXING ADULTS | ADVANCED KICKBOXING ADULTS | ADVANCED KICKBOXING ADULTS | INTERMEDIATE TIGERS | |
| 8:30p | 8:45p | 9:00p | 8:45p | | 2:45p | |
| INTERMEDIATE KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | JIU-JITSU ADULTS | BEGINNER KICKBOXING ADULTS | | ADVANCED TIGERS | |