



## MOUNT KISCO - CLASS SCHEDULE

350 LEXINGTON AVE - MOUNT KISCO - NY - 10549

MOUNTKISCO@TSK.COM

PHONE LINE - 914-864-0631

TEXT LINE - 914-458-1652

[TSK.COM](http://TSK.COM)

Effective: Tuesday September 4th 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:00a
					KARATE CUBS
4:15p	4:30p	4:30p	4:30p	4:15p	10:00a
BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS
5:00p	5:15p	5:15p	5:15p	5:00p	11:15a
JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER LITTLE TIGERS
5:45p	6:00p	6:00p	6:00p	5:45p	12:00p
ADVANCED JIU- JITSU TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	ADVANCED JIU- JITSU TIGERS	JIU-JITSU LITTLE TIGERS
6:30p	7:00p	7:00p	7:00p	6:30p	12:45p
ADVANCED TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED TIGERS	BEGINNER TIGERS
7:30p	8:00p	8:00p	8:00p	7:30p	1:30p
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU TIGERS
	9:00p		9:00p		2:15p
	JIU-JITSU ADULTS		JIU-JITSU ADULTS		INTERMEDIATE TIGERS