



MIDDLE VILLAGE - CLASS SCHEDULE

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Effective: January 22, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				9:00a	9:00a	9:00a
				INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	KARATE CUBS
4:30p	5:00p	4:30p	5:00p	10:00a	10:00a	
INTERMEDIATE TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	
5:15p	5:45p	5:15p	5:45p	4:30p	11:15a	
JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	JIU-JITSU LITTLE TIGERS	
6:00p	6:30p	6:00p	6:45p	5:30p	12:00p	
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE TIGERS	BEGINNER TIGERS	
7:00p	7:30p	7:00p	8:00p	6:45p	1:00p	
BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU TIGERS	
8:00p	8:30p	8:00p			1:45p	
JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS			INTERMEDIATE TIGERS	
					2:30p	
					ADVANCED TIGERS	