



## HOBOKEN - CLASS SCHEDULE

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Effective: October 1, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1:00p			1:00p		9:00a	9:00a
BEGINNER KICKBOXING ADULTS			BEGINNER KICKBOXING ADULTS		KARATE CUBS	BEGINNER KICKBOXING ADULTS
4:00p	3:45p	4:00p	4:15p	4:00p	9:45a	10:00a
BEGINNER LITTLE TIGERS	KARATE CUBS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	KARATE CUBS	KARATE CUBS	ADVANCED KICKBOXING ADULTS
4:45p	4:45p	4:45p	5:00p	4:45p	10:30a	12:15p
BEGINNER TIGERS	INTERMEDIATE LITTLE TIGERS	INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	INTERMEDIATE TIGERS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER ALL TIGERS
5:30p	5:30p	5:30p	5:45p	5:30p	11:30a	1:00p
JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU LITTLE TIGERS
6:15p	6:15p	6:15p	6:30p	6:15p	12:15p	1:45p
INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	JIU-JITSU LITTLE TIGERS	INTERMEDIATE LITTLE TIGERS
6:15p	7:00p	7:15p	7:15p	7:15p	1:00p	
ADVANCED TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE ALL TIGERS	
7:00p	8:00p	8:15p	8:00p	7:15p	1:45p	
JIU-JITSU ADULTS	JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	JIU-JITSU TIGERS	
8:00p	9:00p		9:00p	8:15p	2:30p	
INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	ADVANCED TIGERS	
8:00p						
ADVANCED KICKBOXING ADULTS						
9:00p						
BEGINNER KICKBOXING ADULTS						