



## HOBOKEN - CLASS SCHEDULE

84 WASHINGTON STREET \* Hoboken@tsk.com

Phone: (201) 683-0980

Instagram: tsmmahoboken Facebook: Tiger Schulmann's Mixed Martial Arts Hoboken

HobokenNJmma.com

Effective: March 1, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1:00p			1:00p		9:00a	
BEGINNER KICKBOXING ADULTS			BEGINNER KICKBOXING ADULTS		KARATE CUBS	
4:00p	3:45p	4:00p	4:15p	4:00p	9:45a	10:00a
BEGINNER LITTLE TIGERS	KARATE CUBS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	KARATE CUBS	KARATE CUBS	RAY VELEZ BOXING
4:45p	4:45p	4:45p	5:00p	4:45p	10:30a	
BEGINNER TIGERS	INTERMEDIATE LITTLE TIGERS	INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER KICKBOXING ADULTS	
5:30p	5:30p	5:30p	5:45p	5:30p	10:30a	
JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE KICKBOXING ADULTS	
6:15p	6:15p	6:15p	6:30p	6:15p	11:30a	
INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	
7:00p	7:15p	7:15p	7:15p	6:15p	12:15p	
JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	BEGINNER ALL TIGERS	
8:00p	8:15p	8:15p	8:00p	7:15p	1:00p	
INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU LITTLE TIGERS	
9:00p			9:00p	7:15p	1:45p	
BEGINNER KICKBOXING ADULTS			BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	INTERMEDIATE ALL TIGERS	
				8:15p	2:30p	
				ADVANCED KICKBOXING ADULTS	JIU-JITSU TIGERS	
					3:15p	
					ADVANCED TIGERS	