



HAUPPAUGE - CLASS SCHEDULE

694 Motor Parkway, Motor Parkway Plaza

Hauppauge, N.Y. 11788

(631) 873-4174

tskhauppauge.com

hauppauge@tsk.com

Effective: September 05, 2017

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------------------|----------------------------------|--------------------------------------|----------------------------------|--------------------------------------|----------------------------------|
| 4:30p | 4:45p | 4:30p | 4:30p | 10:00a | 9:00a |
| JIU-JITSU TIGERS | INTERMEDIATE ALL TIGERS | INTERMEDIATE ALL TIGERS | BEGINNER TIGERS | BEGINNER KICKBOXING ADULTS | ADVANCED KICKBOXING ADULTS |
| 5:30p | 5:30p | 5:30p | 5:30p | 4:30p | 10:00a |
| BEGINNER TIGERS | JIU-JITSU LITTLE TIGERS | JIU-JITSU TIGERS | JIU-JITSU LITTLE TIGERS | BEGINNER LITTLE TIGERS | BEGINNER KICKBOXING ADULTS |
| 7:00p | 6:30p | 6:30p | 6:15p | 5:15p | 11:15a |
| BEGINNER KICKBOXING ADULTS | BEGINNER LITTLE TIGERS | BEGINNER TIGERS | BEGINNER LITTLE TIGERS | INTERMEDIATE ALL TIGERS | BEGINNER LITTLE TIGERS |
| 8:00p | 7:30p | 7:30p | 7:00p | 6:00p | 12:30p |
| JIU-JITSU ADULTS | ADVANCED KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | JIU-JITSU TIGERS | INTERMEDIATE ALL TIGERS |
| 9:00p | 8:30p | 8:30p | 8:00p | 7:00p | 1:15p |
| INTERMEDIATE KICKBOXING ADULTS | JIU-JITSU ADULTS | BEGINNER KICKBOXING ADULTS | ADVANCED KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER TIGERS |
| | | | 9:00p | 8:00p | 2:00p |
| | | | JIU-JITSU ADULTS | ADVANCED KICKBOXING ADULTS | KARATE CUBS |