



## EAST BRUNSWICK- CLASS SCHEDULE

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Effective: September 10, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30p	4:30p	4:45p	4:45p	4:30p	9:00a
BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	OPEN MAT
5:30p	5:15p	5:45p	5:30p	5:30p	10:00a
JIU-JITSU LITTLE TIGERS	INTERMEDIATE TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS
6:30p	6:00p	6:30p	6:15p	6:15p	11:15a
BEGINNER TIGERS	JIU-JITSU LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	ADVANCED TIGERS	BEGINNER TIGERS
7:30p	6:45p	7:30p	7:15p	7:15p	12:15p
BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	JIU-JITSU TIGERS
8:30p	7:30p	8:30p	8:15p	8:15p	1:00p
INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE TIGERS
	8:30p		9:15p		1:45p
	ADVANCED KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS		BEGINNER LITTLE TIGERS