



COLMAR- CLASS SCHEDULE

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Effective: June 11, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00a	12:00p	6:00a	4:15p	12:00p	9:00a
BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS
9:30a	5:00p	9:30a	5:00p	5:00p	10:00a
BEGINNER KICKBOXING ADULTS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU ADULTS
5:00p	5:45p	5:00p	5:45p	5:45p	11:00a
BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	INT/ADV TIGERS	INT/ADV TIGERS	INT/ADV TIGERS	BEGINNER KICKBOXING ADULTS
5:45p	6:30p	5:45p	6:30p	6:30p	12:15p
JIU-JITSU ALL TIGERS	INT/ADV TIGERS	JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	BEGINNER LITTLE TIGERS
6:30p	7:15p	6:30p	7:15p	7:15p	1:00p
BEGINNER TIGERS	ADVANCED KICKBOXING ADULTS	BEGINNER TIGERS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	JIU-JITSU ALL TIGERS
7:15p	8:15p	7:15p	8:15p	8:15p	1:45p
BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	SPARRING	BEGINNER TIGERS
8:15p	9:15p	8:15p	9:15p		2:30p
INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS		INT/ADV TIGERS
9:15p		9:15p			2:30p
SPARRING		SPARRING			JIU-JITSU TIGERS