



CHELSEA - EVENING CLASS SCHEDULE

688 Avenue of The Americas New York, NY 10011

(646) 590-9634

chelsea@tsk.com

tskchelsea.com

facebook.com/tsmmachelsea

instagram.com/tsmma_chelsea

Effective: August 31, 2015

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|----------------------------|--------------------------------|
| 5:30p | 5:30p | 5:30p | 5:30p | 5:30p | 9:30a |
| BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | INT/ADV JIU-JITSU ADULTS | BEGINNER KICKBOXING ADULTS |
| 6:30p | 6:30p | 6:30p | 6:30p | 6:30p | 10:40a |
| INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | ADVANCED KICKBOXING ADULTS | BEGINNER JIU-JITSU ADULTS |
| 7:30p | 7:40p | 7:40p | 7:40p | 7:30p | 11:40a |
| BEGINNER KICKBOXING ADULTS | ADVANCED KICKBOXING ADULTS | BEGINNER JIU-JITSU ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS |
| 8:40p | 8:40p | 8:40p | 8:40p | | |
| INT/ADV JIU-JITSU ADULTS | BEGINNER KICKBOXING ADULTS | ADVANCED KICKBOXING ADULTS | INT/ADV JIU-JITSU ADULTS | | |