



BAY RIDGE - MORNING CLASS SCHEDULE

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SCHOOL TEXT NUMBER: 904 513 0212

Effective: August 13, 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| 8:30a | 8:30a | 8:30a | 8:30a | 8:30a | 7:45a | 9:00a |
| BEGINNER KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | INT/ADV JIU-JITSU ADULTS | KARATE CUBS |
| 10:00a | 10:00a | 10:00a | 10:00a | 10:00a | 8:45a | 10:00a |
| BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS |
| 11:00a | 11:00a | 11:00a | 11:00a | 11:00a | 9:45a | 11:00a |
| INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS |
| 12:00p | 12:00p | 12:00p | 12:00p | 12:00p | 10:45a | 12:00p |
| BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | ADVANCED | BEGINNER ALL TIGERS |
| | | | | | 11:45a | 12:45p |
| | | | | | INTERMEDIATE ALL TIGERS | JIU-JITSU ALL TIGERS |
| | | | | | 12:30p | 1:30p |
| | | | | | JIU-JITSU ALL TIGERS | INTERMEDIATE ALL TIGERS |
| | | | | | 1:15p | |
| | | | | | BEGINNER ALL TIGERS | |
| | | | | | 2:00p | |
| | | | | | KARATE CUBS | |