



BAY RIDGE - EVENING ADULT CLASS SCHEDULE

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SCHOOL TEXT NUMBER: 904 513 0212

Effective: June 2, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00p	7:00p	7:00p	6:15p	6:30p
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INT/ADV JIU JITSU ADULTS	BEGINNER KICKBOXING ADULTS	INT/ADV JIU JITSU ADULTS
8:00p	8:00p	8:00p	7:15p	7:30p
ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER JIU- JITSU ADULTS	ADVANCED KICKBOXING ADULTS
9:00p	9:00p	9:00p	7:15p	8:30p
INTERMEDIATE KICKBOXING ADULTS	BEGINNER JIU- JITSU ADULTS	BEGINNER KICKBOXING ADULTS	INT/ADV JIU JITSU ADULTS	BEGINNER KICKBOXING ADULTS
	9:00p		8:15p	
	INT/ADV JIU JITSU ADULTS		INTERMEDIATE KICKBOXING ADULTS	
			9:15p	
			BEGINNER KICKBOXING ADULTS	