



ALLENTOWN - CLASS SCHEDULE

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Effective: January 2nd, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30p	4:30p	4:30p	4:30p	4:30p	9:00a
BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE KICKBOXING ADULTS
5:15p	5:15p	5:15p	5:15p	5:15p	10:00a
JIU-JITSU TIGERS	JIU-JITSU LITTLE TIGERS	JIU-JITSU TIGERS	INTERMEDIATE TIGERS	JIU-JITSU LITTLE TIGERS	BEGINNER KICKBOXING ADULTS
6:00p	6:00p	6:00p	6:00p	6:00p	11:00a
INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER JIU-JITSU ADULTS
6:45p	7:00p	6:45p	7:00p	6:45p	12:00p
ADVANCED TIGERS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED TIGERS	KARATE CUBS
7:30p	8:00p	7:45p	8:00p	7:30p	12:45p
BEGINNER KICKBOXING ADULTS	JIU-JITSU ADULTS	ADVANCED KICKBOXING ADULTS	JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER ALL TIGERS
8:30p	9:00p	8:45p			1:30p
INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS			JIU-JITSU ALL TIGERS
					2:15p
					INTERMEDIATE TIGERS
					3:30p
					BIRTHDAY PARTY