



ALLENTOWN - CLASS SCHEDULE

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Effective: 03-31-18

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------------|--------------------------------|--------------------------------|----------------------------|--------------------------------|--------------------------------|
| 4:30p | 4:30p | 4:30p | 4:30p | 4:30p | 8:00a |
| BEGINNER TIGERS | INTERMEDIATE TIGERS | BEGINNER TIGERS | BEGINNER LITTLE TIGERS | BEGINNER LITTLE TIGERS | KARATE CUBS |
| 5:15p | 5:15p | 5:15p | 5:15p | 5:15p | 9:00a |
| JIU-JITSU TIGERS | JIU-JITSU LITTLE TIGERS | JIU-JITSU TIGERS | INTERMEDIATE TIGERS | JIU-JITSU LITTLE TIGERS | INTERMEDIATE KICKBOXING ADULTS |
| 6:00p | 6:00p | 6:00p | 6:00p | 6:00p | 10:00a |
| INTERMEDIATE TIGERS | BEGINNER LITTLE TIGERS | INTERMEDIATE TIGERS | JIU-JITSU TIGERS | INTERMEDIATE TIGERS | BEGINNER KICKBOXING ADULTS |
| 6:45p | 7:00p | 6:45p | 6:45p | 6:45p | 11:15a |
| ADVANCED TIGERS | INTERMEDIATE KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER TIGERS | ADVANCED TIGERS | JIU-JITSU ADULTS |
| 7:30p | 8:00p | 7:45p | 7:45p | 7:30p | 12:30p |
| BEGINNER KICKBOXING ADULTS | JIU-JITSU ADULTS | ADVANCED KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTERMEDIATE KICKBOXING ADULTS | BEGINNER TIGERS |
| 8:30p | 9:00p | 8:45p | 8:45p | | 1:15p |
| INTERMEDIATE KICKBOXING ADULTS | ADVANCED KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | JIU-JITSU ADULTS | | JIU-JITSU TIGERS |
| | | | | | 12:30p |
| | | | | | BEGINNER LITTLE TIGERS |
| | | | | | 1:15p |
| | | | | | JIU-JITSU LITTLE TIGERS |
| | | | | | 2:00p |
| | | | | | INTERMEDIATE TIGERS |
| | | | | | 3:15p |
| | | | | | BIRTHDAY PARTY |