



ABINGTON CLASS SCHEDULE

1901 Old York Road, Abington PA 19001- (215) 366-7817

abington@tsk.com

<http://www.facebook.com/abington.tsmma>

www.tskabington.com

Text Line (267) 495-4731

Effective: 9/1/2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:45p	4:45p	5:00p	4:00p	5:00p	8:00a
BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	INT/ADV TIGERS	KARATE CUBS	BEGINNER LITTLE TIGERS	KARATE CUBS
5:30p	5:30p	5:45p	4:45p	5:45p	9:00a
JIU-JITSU ALL TIGERS	INT/ADV TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	INT/ADV TIGERS	ADVANCED KICKBOXING ADULTS
6:15p	6:15p	6:30p	5:30p	6:30p	10:00a
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	INT/ADV JIU- JITSU ADULTS
7:15p	7:15p	7:30p	6:15p	7:30p	11:00a
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INT/ADV TIGERS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS
8:15p	8:15p	8:30p	7:15p		12:15p
INTERMEDIATE KICKBOXING ADULTS	INT/ADV JIU- JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS		BEGINNER LITTLE TIGERS
9:15p			8:15p		1:00p
ADVANCED KICKBOXING ADULTS			INT/ADV JIU- JITSU ADULTS		JIU-JITSU ALL TIGERS
			9:15p		1:45p
			BEGINNER KICKBOXING ADULTS		BEGINNER TIGERS
					2:30p
					INT/ADV TIGERS
					3:15p
					JIU-JITSU TIGERS