



ABINGTON CLASS SCHEDULE

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Effective: 1/2/2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:45p	4:45p	5:00p	4:00p	5:00p	9:00a
BEGINNER LITTLE TIGERS	JIU-JITSU TIGERS	INT/ADV TIGERS	KARATE CUBS	BEGINNER LITTLE TIGERS	KARATE CUBS
5:30p	5:30p	5:45p	4:45p	5:45p	9:45a
JIU-JITSU ALL TIGERS	INT/ADV TIGERS	JIU-JITSU TIGERS	BEGINNER TIGERS	INT/ADV TIGERS	ADVANCED KICKBOXING ADULTS
6:15p	6:15p	6:30p	5:30p	6:30p	11:15a
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	JIU-JITSU TIGERS	JIU-JITSU TIGERS	BEGINNER KICKBOXING ADULTS
7:15p	7:15p	7:30p	6:15p	7:30p	12:15p
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INT/ADV TIGERS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER LITTLE TIGERS
8:15p	8:15p	8:30p	7:15p		1:00p
INTERMEDIATE KICKBOXING ADULTS	INT/ADV JIU-JITSU ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS		JIU-JITSU All TIGERS
9:15p			8:15p		1:45p
ADVANCED KICKBOXING ADULTS			INT/ADV JIU-JITSU ADULTS		BEGINNER TIGERS
			9:15p		2:30p
			BEGINNER KICKBOXING ADULTS		INT/ADV TIGERS
					3:15p
					JIU-JITSU TIGERS