



WILLIAMSBURG - CLASS SCHEDULE

456 GRAND STREET * 929 242 9505

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INSTAGRAM - TSMMA_WILLIAMSBURG

TSKWILLIAMSBURG.COM

TEXT: 929 242 9505

Effective: November 11, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00a				10:00a	9:00a
BEGINNER KICKBOXING ADULTS				BEGINNER KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS
11:00a					10:00a
BEGINNER KICKBOXING ADULTS					BEGINNER KICKBOXING ADULTS
4:15p	4:15p	4:15p	4:15p	4:15p	11:00a
ADVANCED TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	GRAPPLING TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS
5:00p	5:00p	5:00p	5:00p	5:00p	12:00p
INTERMEDIATE TIGERS	GRAPPLING LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	GRAPPLING TIGERS	INTERMEDIATE TIGERS
5:45p	5:45p	5:45p	5:45p	5:45p	12:45p
GRAPPLING TIGERS	INTERMEDIATE TIGERS	GRAPPLING TIGERS	GRAPPLING LITTLE TIGERS	INTERMEDIATE TIGERS	GRAPPLING TIGERS
6:30p	6:30p	6:30p	6:30p	6:30p	1:30p
BEGINNER TIGERS	GRAPPLING TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	ADVANCED TIGERS	BEGINNER TIGERS
7:15p	7:15p	7:15p	7:15p	7:15p	
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	
8:15p	8:15p	8:15p	8:15p	8:15p	
INTERMEDIATE KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	
9:15p	9:15p	9:15p	9:15p		
ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS		

Little Tigers: Ages 4-7

Tiger: Ages 8-14