



TOTTENVILLE - CLASS SCHEDULE

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Effective: July 12, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:15p	4:15p	4:15p	4:15p	10:00a	9:00a
BEGINNER LITTLE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS
	5:00p	5:00p	5:00p		10:00a
INTERMEDIATE TIGERS	GRAPPLING TIGERS	INTERMEDIATE TIGERS	GRAPPLING TIGERS		BEGINNER KICKBOXING ADULTS
5:45p	5:45p	5:45p	5:45p	4:00p	11:15a
GRAPPLING TIGERS	INTERMEDIATE TIGERS	GRAPPLING TIGERS	INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS
6:30p	6:30p	6:30p	6:30p	4:45p	12:00p
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	INTERMEDIATE TIGERS
7:15p	7:15p	7:15p	7:15p	5:30p	12:45p
BEGINNER KICKBOXING ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS	GRAPPLING TIGERS	GRAPPLING TIGERS
8:15p	8:15p	8:15p	8:15p	6:15p	1:30p
INT/ADV CLOSE- RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER TIGERS	BEGINNER TIGERS
	9:15p		9:15p	7:15p	
	BEGINNER KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS	