



Smithtown - CLASS SCHEDULE

10 Miller Place - Village Commons Shopping Center

Smithtown@tsk.com

FACEBOOK: Tiger Schulmann's Mixed Martial Arts Of Smithtown INSTAGRAM/TWITTER @Tsmma_Smithtown

<http://tsk.com/locations/new-york-locations/smithtown>

TEXT: 631 - 913 - 8443

PHONE: 631 - 204 - 3121

Effective: September 5th 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:15p	4:30p	4:15p	4:30p	4:30p	9:00a
BEGINNER LITTLE TIGERS	ADVANCED TIGERS	GRAPPLING TIGERS	INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	ADVANCED KICKBOXING ADULTS
5:00p	4:30p	5:15p	5:15p	5:15p	10:00a
GRAPPLING LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	GRAPPLING LITTLE TIGERS	ADVANCED TIGERS	CLOSE-RANGE DEFENSE ADULTS
6:00p	5:15p	6:30p	6:00p	5:15p	11:00a
GRAPPLING TIGERS	GRAPPLING TIGERS	BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	INTERMEDIATE KICKBOXING ADULTS
6:45p	6:00p	7:45p	6:45p	6:00p	12:15p
BEGINNER TIGERS	GRAPPLING LITTLE TIGERS	CLOSE-RANGE DEFENSE ADULTS	ADVANCED KICKBOXING ADULTS	GRAPPLING TIGERS	BEGINNER ALL TIGERS
7:45p	6:45p	9:00p	7:45p	6:45p	1:15p
BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	INTERMEDIATE KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	BEGINNER TIGERS	GRAPPLING TIGERS
9:00p	7:45p		9:00p	7:45p	2:00p
ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE TIGERS
	9:00p			8:45p	3:15p
	BEGINNER KICKBOXING ADULTS			INTERMEDIATE KICKBOXING ADULTS	BIRTHDAY PARTY