



## RAMSEY - CLASS SCHEDULE

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Facebook- Tiger Schulmann's Mixed Martial Arts Ramsey

[www.ramseymma.com](http://www.ramseymma.com)

SCHOOL TEXT LINE- 201-310-7035

Effective: September 18th 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00a	6:00a		6:00a	6:00a	9:00a	
INTERMEDIATE KICKBOXING JUDY	BEGINNER KICKBOXING JUDY		BEGINNER KICKBOXING DIANE	BEGINNER KICKBOXING JUDY	INTERMEDIATE KICKBOXING ADULTS	
7:15a		7:15a		7:15a	10:00a	10:00a
BEGINNER KICKBOXING DUANE		BEGINNER KICKBOXING DUANE		INTERMEDIATE KICKBOXING DUANE	BEGINNER KICKBOXING LEIGH ANN	KARATE CUBS PAT
9:00a	9:30a	9:00a	9:30a	9:30a	11:00a	
BEGINNER KICKBOXING MARLA	INTERMEDIATE KICKBOXING PHIL	BEGINNER KICKBOXING MARLA	INTERMEDIATE KICKBOXING PHIL	BEGINNER KICKBOXING DIANE	ADVANCED TIGERS	
	12:00p	11:00a	12:00p	12:00p	11:45a	
	BEGINNER KICKBOXING RALPH	KARATE CUBS PAT	BEGINNER KICKBOXING RALPH	INTERMEDIATE KICKBOXING PHIL	GRAPPLING TIGERS	
4:00p	4:00p	4:00p	4:00p	4:00p	12:30p	
ADVANCED TIGERS	GRAPPLING TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	
4:45p	4:45p	4:45p	4:45p	4:45p	1:15p	
INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	GRAPPLING TIGERS	GRAPPLING LITTLE TIGERS	GRAPPLING LITTLE TIGERS	
5:30p	5:30p	5:30p	5:30p	5:30p	2:00p	
GRAPPLING TIGERS	GRAPPLING LITTLE TIGERS	GRAPPLING TIGERS	INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	
6:15p	6:15p	6:15p	6:15p	6:15p	3:00p	
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	ADVANCED TIGERS	GRAPPLING TIGERS	BIRTHDAY PARTY	
7:00p	7:00p	7:00p	7:00p	7:00p		
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	BEGINNER TIGERS		
8:00p	8:00p	8:00p	8:00p	7:45p		
INTERMEDIATE KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS		
9:00p	9:00p	9:00p	9:00p			
ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING BOBBY	CLOSE-RANGE DEFENSE ADULTS	BEGINNER KICKBOXING LEIGH ANN			