



MOUNT KISCO - CLASS SCHEDULE

350 LEXINGTON AVE - MOUNT KISCO NY - 10549

SCHOOL LINE - 914-864-0631

TEXT LINE - 914-864-1652

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Effective: September 5th 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				3:30p	9:00a
				KARATE CUBS	KARATE CUBS
4:30p	4:30p	4:30p	4:30p	4:30p	10:00a
BEGINNER TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER ALL TIGERS	BEGINNER KICKBOXING ADULTS
5:30p	5:15p	5:30p	5:15p	5:30p	11:30a
GRAPPLING TIGERS	GRAPPLING LITTLE TIGERS	GRAPPLING LITTLE TIGERS	GRAPPLING TIGERS	ADVANCED GRAPPLING TIGERS	BEGINNER ALL TIGERS
6:15p	6:15p	6:15p	6:15p	6:15p	12:30p
ADVANCED TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	ADVANCED TIGERS	GRAPPLING ALL TIGERS
7:15p	7:15p	7:15p	7:15p	7:15p	1:15p
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE TIGERS
8:30p	8:30p	8:30p	8:30p	8:30p	2:30p
ADVANCED KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	CLOSE-RANGE DEFENSE ADULTS	CLOSE-RANGE DEFENSE ADULTS	ADVANCED KICKBOXING ADULTS	BIRTHDAY PARTY

