



GARDEN CITY - CLASS SCHEDULE

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SCHOOL TEXT LINE

Effective: August 1, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00p	4:00p	4:15p	4:00p	4:00p	8:00a
BEGINNER LITTLE TIGERS	KARATE CUBS	GRAPPLING LITTLE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS
4:45p	5:00p	5:00p	4:45p	4:45p	9:00a
INTERMEDIATE TIGERS	ADVANCED TIGERS	INTERMEDIATE TIGERS	GRAPPLING LITTLE TIGERS	GRAPPLING LITTLE TIGERS	ADVANCED KICKBOXING ADULTS
5:30p	5:45p	5:45p	5:30p	5:30p	10:00a
GRAPPLING TIGERS	GRAPPLING TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS
6:15a	6:30p	6:30p	6:15p	6:15p	10:45a
BEGINNER TIGERS	BEGINNER TIGERS	GRAPPLING TIGERS	GRAPPLING TIGERS	ADVANCED TIGERS	GRAPPLING TIGERS
7:15p	7:30p	7:15p	7:00p	7:00p	11:30a
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE TIGERS
8:15p	8:30p	8:15p	8:00p		12:30p
CLOSE-RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS		KARATE CUBS
8:15p			9:00p		2:00p
INTERMEDIATE KICKBOXING ADULTS			BEGINNER KICKBOXING ADULTS		BIRTHDAY PARTY