



EAST BRUNSWICK - CLASS SCHEDULE

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Effective: Sept.5, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30p	4:30p	4:45p	4:45p	4:30p	9:00a
BEGINNER LITTLE TIGERS	ADVANCED TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER LITTLE TIGERS	CLOSE-RANGE DEFENSE ADULTS
5:30p	5:15p	5:30p	5:30p	5:30p	10:00a
GRAPPLING LITTLE TIGERS	INTERMEDIATE TIGERS	GRAPPLING TIGERS	GRAPPLING TIGERS	GRAPPLING LITTLE TIGERS	BEGINNER KICKBOXING ADULTS
6:30p	6:00p	6:15p	6:15p	6:15p	11:15a
BEGINNER TIGERS	GRAPPLING LITTLE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS
7:30p	6:45p	7:30p	7:15p	7:15p	11:15a
BEGINNER KICKBOXING ADULTS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER TIGERS
8:30p	7:30p	8:30p	8:15p	8:15p	12:00p
INTERMEDIATE KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	ADVANCED KICKBOXING ADULTS	GRAPPLING TIGERS
	8:30p		9:15p		1:00p
	ADVANCED KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS		INTERMEDIATE TIGERS