



East Brunswick - CLASS SCHEDULE

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Effective: March 13, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:00a
					CLOSE-RANGE DEFENSE ADULTS
4:30p	4:45p	4:45p	4:45p	4:30p	10:00a
BEGINNER LITTLE TIGERS	GRAPPLING TIGERS	BEGINNER TIGERS	ADVANCED TIGERS	BEGINNER LITTLE TIGERS	BEGINNER KICKBOXING ADULTS
5:30p	5:30p	5:45p	5:45p	5:30p	11:15a
INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS	INTERMEDIATE TIGERS	BEGINNER TIGERS
6:30p	6:30p	6:30p	7:00p	6:15p	12:15p
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	GRAPPLING TIGERS	INTERMEDIATE KICKBOXING ADULTS	GRAPPLING TIGERS	INTERMEDIATE TIGERS
7:30p	7:30p	7:30p	8:00p	7:15p	1:15p
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	GRAPPLING TIGERS
8:30p	8:30p	8:30p	9:00p	8:15p	2:00p
INTERMEDIATE KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BIRTHDAY PARTY