



COLMAR - CLASS SCHEDULE

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Effective: July 3, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			4:15p		9:00a
			BEGINNER TIGERS		ADVANCED KICKBOXING ADULTS
5:00p	5:00p	5:00p	5:00p	5:00p	10:00a
BEGINNER LITTLE TIGERS	BEGINNER TIGERS	INT/ADV TIGERS	GRAPPLING TIGERS	BEGINNER LITTLE TIGERS	INT/ADV CLOSE-RANGE DEFENSE ADULTS
5:45p	5:45p	5:45p	5:45p	5:45p	11:00a
GRAPPLING ALL TIGERS	GRAPPLING TIGERS	GRAPPLING TIGERS	INT/ADV TIGERS	INT/ADV TIGERS	BEGINNER KICKBOXING ADULTS
6:30p	6:30p	6:30p	6:30p	6:30p	12:15p
BEGINNER TIGERS	INT/ADV TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	GRAPPLING TIGERS	BEGINNER LITTLE TIGERS
7:15p	7:15p	7:15p	7:15p	7:15p	1:00p
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	GRAPPLING ALL TIGERS
8:15p	8:15p	8:15p	8:15p	8:15p	1:45p
INTERMEDIATE KICKBOXING ADULTS	INT/ADV CLOSE-RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	INT/ADV CLOSE-RANGE DEFENSE ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS	BEGINNER TIGERS
9:15p	9:15p	9:15p	9:15p		2:30p
BEGINNER CLOSE-RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS		INT/ADV TIGERS
					3:15p
					GRAPPLING TIGERS