



## CHELSEA - EVENING CLASS SCHEDULE

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Effective: August 31, 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30p	5:30p	5:30p	5:30p	5:30p	9:30a
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS
6:30p	6:30p	6:30p	6:30p	6:30p	10:40a
INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS
7:30p	7:40p	7:40p	7:40p	7:30p	11:40a
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS
8:40p	8:40p	8:40p	8:40p		
INT/ADV CLOSE- RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS		