



BETHLEHEM - CLASS SCHEDULE

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Effective: July 7, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30p	4:30p	4:30p	4:30p	4:30p	9:00a
BEGINNER LITTLE TIGERS	INT/ADV TIGERS	GRAPPLING ALL TIGERS	INT/ADV TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE KICKBOXING ADULTS
5:15p	5:15p	5:15p	5:15p	5:15p	10:00a
GRAPPLING ALL TIGERS	GRAPPLING TIGERS	INT/ADV TIGERS	GRAPPLING TIGERS	GRAPPLING TIGERS	BEGINNER KICKBOXING ADULTS
6:00p	6:00p	6:00p	6:00p	6:00p	11:00a
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER TIGERS	BEGINNER TIGERS	KARATE CUBS
7:00p	7:00p	7:00p	7:00p	7:00p	11:30a
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER LITTLE TIGERS
8:00p	8:00p	8:00p	8:00p	8:00p	12:15p
BEGINNER CLOSE-RANGE DEFENSE ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS	BEGINNER TIGERS
9:00p	9:00p	9:00p	9:00p		1:00p
ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS		GRAPPLING TIGERS
					1:45p
					INT/ADV TIGERS
					3:00p
					BIRTHDAY PARTY