BAY RIDGE - MORNING CLASS SCHEDULE

530 86TH STREET 2ND FLOOR * 347 517 4651

BAYRIDGE@TSK.COM

IG: @BAYRIDGETSMMA / FACEBOOK: /TSMMA.BAYRIDGE

WWW.TSK.COM

SCHOOL TEXT NUMBER: 904 513 0212

Effective: SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30a	8:30a	8:30a	8:30a	8:30a	8:30a	10:00a
ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS
10:00a	10:00a	10:00a	10:00a	10:00a	9:30a	
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	
11:00a	11:00a	11:00a	11:00a	11:00a		
INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS		
12:00p	12:00p	12:00p	12:00p	12:00p		
BEGINNER KICKBOXING ADULTS	CLOSE-RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS		