



BAY RIDGE - EVENING ADULT CLASS SCHEDULE

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SCHOOL TEXT NUMBER: 904 513 0212

Effective: SEPTEMBER 5, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00p	7:00p	7:00p	6:15p	7:00p
BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS
8:00p	8:00p	8:00p	7:15p	8:00p
ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS
9:00p	9:00p	9:00p	8:15p	9:00p
INTERMEDIATE KICKBOXING ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	INT/ADV CLOSE- RANGE DEFENSE ADULTS
			9:15p	
			ADVANCED KICKBOXING ADULTS	