



ASTORIA - CLASS SCHEDULE

31-01 Steinway St. Queens, NY 11103 * (347)-448-6958

Astoria@tsk.com

senseiviscovich@facebook.com

www.facebook.com/TigerSchulmannsAstoria

tskastoria.com

Effective: Monday, June 5th 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00a		9:00a		9:00a	9:00a	10:00a
BEGINNER KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS		BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER CLOSE-RANGE DEFENSE ADULTS
		10:00a		10:00a	10:00a	11:00a
		INTERMEDIATE KICKBOXING ADULTS		INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS
4:00p	4:15p	4:00p	4:15p	4:00p	11:15a	12:15p
ADVANCED TIGERS	INTERMEDIATE TIGERS	ADVANCED TIGERS	BEGINNER TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS	BEGINNER LITTLE TIGERS
5:00p	5:00p	4:45p	5:00p	4:45p	12:15p	1:00p
INTERMEDIATE TIGERS	GRAPPLING TIGERS	INTERMEDIATE TIGERS	GRAPPLING TIGERS	GRAPPLING TIGERS	BEGINNER TIGERS	BEGINNER TIGERS
5:45p	5:45p	5:30p	5:45p	5:30p	1:00p	
BEGINNER TIGERS	BEGINNER LITTLE TIGERS	GRAPPLING TIGERS	BEGINNER LITTLE TIGERS	INTERMEDIATE TIGERS	GRAPPLING TIGERS	
6:45p	6:45p	6:15p	6:45p	6:15p	1:45p	
BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER TIGERS	INT/ADV CLOSE-RANGE DEFENSE ADULTS	BEGINNER TIGERS	INTERMEDIATE TIGERS	
7:45p	7:45p	7:15p	7:45p	7:15p		
BEGINNER CLOSE-RANGE DEFENSE ADULTS	INT/ADV CLOSE-RANGE DEFENSE ADULTS	BEGINNER KICKBOXING ADULTS	ADVANCED KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS		
8:45p	8:45p	8:15p	8:45p	8:15p		
INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INTERMEDIATE KICKBOXING ADULTS		
		9:15p				
		BEGINNER CLOSE-RANGE DEFENSE ADULTS				