



**MOUNT KISCO – CLASS SCHEDULE**  
**222 East Main St. Mount Kisco, NY (914) 244-0963**  
<http://www.tsk.com>  
[mountkisco@tsk.com](mailto:mountkisco@tsk.com)

Effective: March 5, 2012

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
4:00pm	4:45pm	4:15pm	4:45pm	4:00pm	10:00am
<b>CORE CHILDREN</b>	<b>GRAPPLING CHILDREN</b>	<b>KICKBOXING CHILDREN / KIDS</b>	<b>GRAPPLING KIDS</b>	<b>CORE CHILDREN</b>	<b>BEGINNER KICKBOXING ADULTS</b>
5:15pm	5:45pm	5:00pm	5:45pm	5:15pm	11:30am
<b>GRAPPLING KIDS</b>	<b>CORE CHILDREN</b>	<b>GRAPPLING KIDS</b>	<b>CORE CHILDREN</b>	<b>GRAPPLING CHILDREN</b>	<b>GRAPPLING CHILDREN</b>
6:15pm	7:00pm	6:00pm	7:00pm	6:00pm	12:30pm
<b>CORE KIDS</b>	<b>INTER / ADV KICKBOXING ADULTS</b>	<b>CORE KIDS</b>	<b>GRAPPLING ADULTS</b>	<b>KICKBOXING CHILDREN / KIDS</b>	<b>CORE CHILDREN</b>
7:45pm	8:00pm	7:30pm	8:00pm	7:00pm	1:45pm
<b>BEGINNER KICKBOXING ADULTS</b>	<b>GRAPPLING ADULTS</b>	<b>BEGINNER KICKBOXING ADULTS</b>	<b>INTER / ADV KICKBOXING ADULTS</b>	<b>BEGINNER KICKBOXING ADULTS</b>	<b>GRAPPLING KIDS</b>
					2:45pm
					<b>CORE KIDS</b>