



WOODBURY - CLASS SCHEDULE

290 Larkin Drive Suite 102 * Harriman Commons * (845) 782-9049

*Effective April 30th, 2012

www.tsk.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:15p	4:15p	4:15p	4:15p	4:15p	9:00a
CORE CHILDREN	CORE CHILDREN	GRAPPLING CHILDREN / KIDS	GRAPPLING CHILDREN / KIDS	CORE KIDS	INTER / ADV KICKBOXING ADULTS
5:30p	5:30p	5:00p	5:15p	5:30p	10:15a
GRAPPLING CHILDREN / KIDS	GRAPPLING CHILDREN / KIDS	KICKBOXING CHILDREN / KIDS	CORE CHILDREN	GRAPPLING CHILDREN / KIDS	BEGINNER KICKBOXING ADULTS
6:15p	6:15p	6:00p		6:15p	11:45a
CORE KIDS	CORE KIDS	CORE KIDS		KICKBOXING CHILDREN / KIDS	CORE CHILDREN
7:30p	7:30p	7:15p	7:00p	7:15p	1:00p
BEGINNER KICKBOXING ADULTS	GRAPPLING ADULTS	BEGINNER KICKBOXING ADULTS	INTER / ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	GRAPPLING CHILDREN / KIDS
9:00p	8:45p	8:45p	8:15p	8:45p	1:45p
INTER / ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	GRAPPLING ADULTS	BEGINNER KICKBOXING ADULTS	INTER / ADV KICKBOXING ADULTS	KICKBOXING CHILDREN / KIDS
					2:45p
					CORE KIDS