



Glendale – Class Schedule

73-25 Woodhaven Blvd * 718.730.9023

Email us: Glendale@tsk.com

Effective: May 1st, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:30p				12:30p	9:00a
BEGINNER KICKBOXING ADULTS				BEGINNER KICKBOXING ADULTS	GRAPPLING ADULTS
4:00p	4:15p	4:00p	4:15p	4:00p	10:00a
CORE CHILDREN	GRAPPLING KIDS	CORE CHILDREN	CORE KIDS	CORE CHILDREN	BEGINNER KICKBOXING ADULTS
4:45p	5:00p	4:45p	5:00p	4:45p	11:15a
GRAPPLING CHILDREN	KICKBOXING CHILDREN / KIDS	KICKBOXING CHILDREN / KIDS	GRAPPLING KIDS	GRAPPLING CHILDREN	CORE CHILDREN
5:30p	5:45p	5:30p	5:45p	5:30p	12:00p
GRAPPLING KIDS	GRAPPLING CHILDREN	GRAPPLING KIDS	CORE KIDS	KICKBOXING CHILDREN / KIDS	GRAPPLING CHILDREN
6:15p	6:30p	6:15p	6:30p	6:15p	12:45p
CORE KIDS	CORE CHILDREN	CORE KIDS	CORE CHILDREN	GRAPPLING KIDS	KICKBOXING CHILDREN / KIDS
7:00p	7:15p	7:00p	7:15p	7:00p	1:30p
BEGINNER KICKBOXING ADULTS	CORE KIDS	BEGINNER KICKBOXING ADULTS	KICKBOXING CHILDREN / KIDS	CORE KIDS	CORE KIDS
8:00p	8:15p	8:00p	8:15p	8:00p	2:15p
INTER / ADV KICKBOXING ADULTS	GRAPPLING ADULTS	INTER / ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	GRAPPLING KIDS
	9:15p	9:00p	9:15p		
	BEGINNER KICKBOXING ADULTS	GRAPPLING ADULTS	INTER / ADV KICKBOXING ADULTS		

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