



## CARLE PLACE - CLASS SCHEDULE

19 Old Country Road \* Country Glenn Shopping Center \* (516) 746-2467

Effective: March 12<sup>th</sup>, 2012

[www.tsk.com](http://www.tsk.com)

| MONDAY                        | TUESDAY                    | WEDNESDAY                     | THURSDAY                      | FRIDAY                     | SATURDAY                   |
|-------------------------------|----------------------------|-------------------------------|-------------------------------|----------------------------|----------------------------|
| 4:00p                         | 4:00p                      | 4:45p                         | 4:00p                         | 4:00p                      | 9:00a                      |
| CORE CHILDREN                 | CORE KIDS                  | KICKBOXING CHILDREN / KIDS    | CORE KIDS                     | CORE CHILDREN              | GRAPPLING ADULTS           |
| 5:15p                         | 5:15p                      | 5:30p                         | 5:15p                         | 5:15p                      | 10:00a                     |
| GRAPPLING CHILDREN / KIDS     | GRAPPLING CHILDREN / KIDS  | GRAPPLING CHILDREN / KIDS     | GRAPPLING CHILDREN / KIDS     | KICKBOXING CHILDREN / KIDS | BEGINNER KICKBOXING ADULTS |
| 6:00p                         | 6:15p                      | 6:15p                         | 6:00p                         | 6:00p                      | 11:30a                     |
| CORE KIDS                     | CORE CHILDREN              | CORE KIDS                     | CORE CHILDREN                 | GRAPPLING CHILDREN / KIDS  | CORE CHILDREN              |
| 7:15p                         | 7:30p                      | 7:30p                         | 7:30p                         | 6:45p                      | 12:45p                     |
| BEGINNER KICKBOXING ADULTS    | GRAPPLING ADULTS           | BEGINNER KICKBOXING ADULTS    | INTER / ADV KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | GRAPPLING CHILDREN / KIDS  |
| 8:45p                         | 8:30p                      | 9:00p                         | 8:30p                         | 8:15p                      | 1:30p                      |
| INTER / ADV KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS | INTER / ADV KICKBOXING ADULTS | BEGINNER KICKBOXING ADULTS    | GRAPPLING ADULTS           | KICKBOXING CHILDREN / KIDS |
|                               |                            |                               |                               |                            |                            |
|                               |                            |                               |                               |                            |                            |