



Bay Ridge – CLASS SCHEDULE

530 86th St / 2nd Floor * (718) 238 - 2265

Effective: March 12, 2012

www.tsk.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00p	12:00p	12:00p	12:00p	12:00p	9:00a
GRAPPLING ADULT	BEGINNER KICKBOXING ADULT	INT / ADV KICKBOXING ADULT	BEGINNER KICKBOXING ADULT	BEGINNER KICKBOXING ADULT	GRAPPLING ADULTS
4:15p	4:15p	4:15p	4:15p	4:15p	10:00a
CORE KIDS	KICKBOXING CHILDREN / KIDS	CORE KIDS	KICKBOXING CHILDREN / KIDS	CORE CHILDREN	BEGINNER KICKBOXING ADULT
5:00p	5:00p	5:00p	5:00p	5:00p	11:00a
GRAPPLING CHILDREN / KIDS	GRAPPLING CHILDREN / KIDS	GRAPPLING CHILDREN / KIDS	GRAPPLING CHILDREN / KIDS	KICKBOXING CHILDREN / KIDS	KICKBOXING CHILDREN / KIDS
5:45p	5:45p	5:45p	5:45p	5:45p	12:00p
KICKBOXING CHILDREN / KIDS	CORE CHILDREN	CORE CHILDREN	CORE KIDS	GRAPPLING CHILDREN / KIDS	GRAPPLING CHILDREN / KIDS
6:30p	6:30p	6:30p	6:30p	6:30p	1:00p
GRAPPLING CHILDREN / KIDS	CORE KIDS	GRAPPLING CHILDREN / KIDS	CORE CHILDREN	CORE KIDS	CORE CHILDREN
7:15p	7:15p	7:15p	7:15p	7:15p	2:00p
BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	INT / ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULT	BEGINNER KICKBOXING ADULT	CORE KIDS
8:15p	8:15p	8:15p	8:15p	8:15p	3:00p
GRAPPLING ADULTS	GRAPPLING ADULTS	BEGINNER KICKBOXING ADULT	INT / ADV KICKBOXING ADULTS	GRAPPLING ADULTS	BEGINNER KICKBOXING ADULT
9:15p	9:15p	9:15p	9:15p	9:15p	4:00p
INT/ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	GRAPPLING ADULTS	INT/ADV KICKBOXING ADULTS	INT/ADV KICKBOXING ADULTS