



## EAST HANOVER – CLASS SCHEDULE

240 Route 10 West \* Dick's & Marshalls Shopping Center \* (973) 739-0148

Effective: March 19<sup>th</sup> 2012

[www.tsk.com](http://www.tsk.com)

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
4:45pm	4:45pm	4:45pm	4:45pm	4:30pm	10:00am
<b>GRAPPLING CHILDREN / KIDS</b>	<b>KICKBOXING CHILDREN / KIDS</b>	<b>KICKBOXING CHILDREN / KIDS</b>	<b>GRAPPLING CHILDREN / KIDS</b>	<b>CORE CHILDREN</b>	<b>BEGINNER KICKBOXING ADULTS</b>
5:45pm	5:45pm	5:45pm	5:45pm	5:45pm	11:30am
<b>CORE KIDS</b>	<b>CORE CHILDREN</b>	<b>CORE KIDS</b>	<b>CORE CHILDREN</b>	<b>KICKBOXING CHILDREN / KIDS</b>	<b>GRAPPLING ADULTS</b>
7:15pm	7:15pm	7:15pm	7:15pm	7:00pm	12:45pm
<b>BEGINNER KICKBOXING ADULTS</b>	<b>GRAPPLING ADULTS</b>	<b>BEGINNER KICKBOXING ADULTS</b>	<b>GRAPPLING ADULTS</b>	<b>BEGINNER KICKBOXING ADULTS</b>	<b>CORE KIDS</b>
8:45pm	8:45pm	8:45pm	8:45pm	8:30pm	2:00pm
<b>INTER / ADV KICKBOXING ADULTS</b>	<b>BEGINNER KICKBOXING ADULTS</b>	<b>BEGINNER KICKBOXING ADULTS</b>	<b>BEGINNER KICKBOXING ADULTS</b>	<b>INTER / ADV KICKBOXING ADULTS</b>	<b>GRAPPLING CHILDREN / KIDS</b>