



## EAST BRUNSWICK - CLASS SCHEDULE

233 Route 18 \* Loehmann's Shopping Center \* (732) 249-2467

Effective: April 15, 2012

tsk.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:15	5:00	5:00	4:30	4:30	10:00
CORE KIDS	CORE CHILDREN	KICKBOXING CHILDREN / KIDS	CORE KIDS	CORE CHILDREN	GRAPPLING ADULTS
6:15	6:00	5:45	5:30	5:30	11:00
GRAPPLING KIDS	GRAPPLING KIDS	GRAPPLING KIDS	GRAPPLING KIDS	GRAPPLING KIDS	BEGINNER KICKBOXING ADULTS
7:00	6:45	6:30	6:15	6:15	12:15
KICKBOXING CHILDREN / KIDS	CORE KIDS	CORE KIDS	CORE CHILDREN	KICKBOXING CHILDREN / KIDS	CORE CHILDREN
7:45	8:00	7:30	7:30	7:30	1:15
BEGINNER KICKBOXING ADULTS	GRAPPLING ADULTS	BEGINNER KICKBOXING ADULTS	INTER / ADV KICKBOXING ADULTS	BEGINNER KICKBOXING ADULTS	GRAPPLING KIDS
9:00	9:00	8:45	8:30		2:00
INTER / ADV KICKBOXING ADULTS	INTER / ADV KICKBOXING ADULTS	GRAPPLING ADULTS	BEGINNER KICKBOXING ADULTS		KICKBOXING CHILDREN / KIDS
					2:45
					CORE KIDS