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Mixed Martial Arts Competition  
May Be More Fully Covered

# Behind the Tiger's Eye

*Experts caution:  
Bare-knuckle push-ups &  
board breaking may be  
unfit for children*

*Tap into the  
**power** of your  
subconscious mind*

*How to protect yourself  
from **ambush** on the  
street without ending  
up in court*

TOU SOU MANS  
KARATE